



CAPABLE + UNSHAKEABLE + MEMORABLE

ABLE MOMS COORDINATOR CURRICULUM GUIDE

2022 - 2023

You were never meant to do motherhood alone



Dearest brave Coordinator,

Know you have an entire team praying for you. Most of us have been where you are. And, we have had you in mind continually throughout the journey of so carefully crafting the materials you will need this year to eternally impact the moms around you - even down to praying over the perfect theme:

Truth Awaken

As every mom navigates the uncertainty of today's world, your ministry, filled with the Truth only found in Jesus, will be her beacon. Because, Jesus alone is Truth.

As a Coordinator and leader of your local Able Moms Community, you are the front lines of making mothering remarkable for every mother and impactful for her kids. Thank you. After all, moms only get one shot at making the most of their children's younger years. Kids grow fast -- and there is much to learn, invest, and make memorable.

You are also leading your intimate team of Team Leads and we will work with you this year to disciple and grow their leadership, too. We at Able Moms celebrate your commitment and willingness to serve these selfless servants; volunteers *and* moms. You are providing a place for them to become the amazing mothers God meant for them to be. You are committed to them, so we are committed to you.

We commit to you as a leader and volunteer to equip you well. As you open these pages, you will find everything you need to plan and perform each individual Community Gathering. **Drop us a line now and again with your victories and challenges, too!** We are here for *you*.

Thank you, generation changer. We couldn't do this without you.

Your Able Moms Founder and CEO,

Amanda



From left to right
Tasia Katzenbach, Amanda Florczykowski, and Celeste Claborn

*You, Mom, are meant to lead.
May God be with you this year every step of the way.*

Curriculum Contributors

2022-2023



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HOW THIS CURRICULUM GUIDE WORKS:

- Able Moms has provided you within these pages 15 unique lessons and preparation guides for what are typically 14 Gatherings (to include Mom Comm). While every Host and Coordinator is different, our suggested Able Moms schedule is hosting 2 Gatherings per month, breaking in the Summer, and then again around Thanksgiving and Christmas for family time. You would then use our Kickoff Kit to prepare for your *upcoming* year over the off months.
- Here is our suggested Annual Calendar:
January -> April = 2 Gatherings per month (to include March 4th Mom Comm Conference)
May + June = Break for Summer
July + August = preparation utilizing Kickoff Kit
September -> December = 2 Gatherings per month (breaking for Holidays)
- Again, we know every Community is different and you may want to start, end, or break at different times. This annual curriculum is somewhat flexible and we have also provided you one Bonus Gathering for this very reason. (However, our Able Moms Int. offices follow the calendar above, rolling out our annual theme in the Spring, new curriculum every Summer, and communicating within the seasons and breaks, etc.)
- Make sure your Team Leads and Host agree on the best time and day every two weeks or month. You want to provide consistency for your moms. (Gatherings are 1.5 hours.)
- You will see this curriculum is to be used as a personal preparation guide for you as a Coordinator as well as a guide for the actual Gathering day. We believe preparing your own heart is the best way to lead other moms in their capABLE parenting, unshakeABLE faith, and memorABLE mentorship. With this two-in-one feel, we have also provided schedule blanks to serve as prompts. Here, you will fill in a specific time based on 1) the allotments we have provided you and 2) the time of day you choose for *your* individual Gathering. Make sure to have the Curriculum Guide with you on Gathering Day.
- Be sure you and your Team Leads understand their roles so you as a Coordinator are not personally preparing for more than you should be.
- Lastly, we know there will be variations from Community to Community. Like, you may decide to do a dinner buffet or scrap eating all together instead of every table taking turns to bring breakfast to “break bread”. But just know, the closer you follow our suggestions from years of ministry experience, the better your outcome will be. It is proven year over year! We are praying for your success.

We love ya!

TIP:

**Unless noted, all scripture verses included herein are from the New Living Translation of the Holy Bible. Be sure to reference the exact version used in each of your preparation times.*



Capable + Unshakeable + Memorable

2022-2023 Gathering Snapshots

(Typically September) Intro Gathering - This year, we reinforce everlasting hope. Truth soothes all worries; it is life-giving, peace-wielding, and all-encompassing. Today, truth feels like it has been hidden...with the reality being it is oh, so accessible. Our theme, 'Truth Awaken', is a call to come back to the simplicity that is Jesus, His gospel, and the love and grace of God's story for our lives. Welcome to Able Moms. We are glad you are here.

Gathering 1 – Emily and her husband struggled terribly to ease their traumatized daughter to sleep every night - until they realized only the supernatural power of God's word would soothe her episodes. Thus, the Tyndale book series *Generation Claimed* was born; board books of thoughtful scriptures to read over your child. But, before this dream took off, Emily shares the real and raw financial battle her family endured that left them homeless in someone's basement. For every mom navigating our penny-pinching era, this gathering is for you.

Gathering 2 – Incredible speaker, ministry founder, and author of *Own Your Assignment* shares about a concept that was once raw and undefined for her; *Spiritual Mothering*. Bethany Hicks shares how every woman is called to "raise" the next generation and how she can embrace her God-given identity and then, her God-ordained assignment, to speak over and into children - even those that she didn't physically birth. For every mom who sees what is in their child and wants to encourage it, don't miss this Gathering.

Gathering 3 – Misty is the pioneer of the first-ever Christian podcast conference; 'Spark' and founder of Spark Media. As 'Mom' to a special needs child, she talks about her life in retrospect now that her son is a young adult. She weaves Jesus and wisdom into the day-to-day and shares what a blessing it has been to endure a life she did not anticipate. This gathering is for any mom that has struggled with things "not turning out the way she thought they would".

Gathering 4 – Able Moms International visioneer and CEO, Amanda Florczykowski, shares with bare transparency how overwhelm erupted in her life. She vulnerably shares the reasons why –

which any mom will be able to relate to. Yet, instead of leaving moms in despair, she gives a practical exercise for a path to peace without forsaking progress. She shares her real testimony and how we all can navigate the real tension between calling versus responsibility when drowning in an ocean of overwhelm. Don't miss today if you have felt the suffocation of stress and strain and want everyday answers within a Biblical testimony.

Gathering 5 – April Gordon is a passionate mom of three, a participant in Able Moms' pioneer years, and a most gifted and creative writer. With a boatload of ministry experience and oodles of mom humor, she pulls you into the front row seat of the joys and tumult of raising toddlers...and points you to the redeeming hope of seeing our children *not* for what their messes and mistakes (inherent to childhood) "say" about them now, but for *who* God has made them to be and how we can cultivate a perception that nurtures their great callings. You won't want to miss this gathering if you are in the thick of things and need encouragement.

Typically Christmas Break

Gathering 6 – Inspirational storyteller and motivational keynote speaker, Sherry Boykin, is a chronic believer in the power of faith narratives as epilogues that change lives. In other words, she is an AMAZING storyteller. Even our Able Moms Curriculum Planning Committee laughed out loud at her take on a memorable mother-daughter moment. Yet, her deep explanation of Scripture from a sound and seasoned perspective will leave you speechless. Do not miss this gathering if you need something hearty from God's word to ground your soul.

Gathering 7 – "Choice is Yours" Gathering - Every year, Coordinator(s) get to choose a speaker who will knock moms' socks off. Get ready for the Coordinator's big announcement of who it is. We will also hear a special message from our AMI Creator and anti-trafficking advocate, Amanda Florczykowski. This gathering is for anyone who likes to live on the edge!**

Gathering 8 – Jayme Gradwell is an award winning podcaster, mom, and giant of the faith. Truly someone to look up to, she is the epitome of grace and beauty, yet brings a down-to-earth humbleness to any room. This may be because of her own humble journey. Listen as Jayme shares a most humiliating financial struggle and her revelation through the eyes of her son smack in the middle of a Valentine's Day party she didn't want to be at. You will want to attend this gathering and let your heart be soothed by the truth of God's word if you are feeling financial pressure right now.

Gathering 9 – "Speaker Panel" Gathering - Your Mentor Moms take the stage today and tell truth. Truth Awaken. All bets are off as they share openly about motherhood and Biblical womanhood. There is always laughter, vulnerability, maybe some tears...all the fundamentals that deepen the roots of relationship. You will leave closer than when you walked in the door. Do not miss this gathering. Do not.

March Gathering: Mom Comm 2023 - Saturday, March 4th

Gathering 11 – Mrs. Wyoming is also Chief Development Officer in 'Amanda Flo Ministries' anti- child sex trafficking ministry, Vigilant Families. Her passion for child exploitation came

from her own hellish sojourn that Jesus walked through with her hand-in-hand. She chronicles her story in her book *Me and Jesus Covered in Pee* and today shares how generational sin affected her own family in the most horrific of ways. This gathering is for you if your past has held you back and your heart needs the truthful words of freedom.

Gathering 12 – Felicia Sivells - One of Able Moms first Coordinators, Felicia now works for AMI and shows Hosts and Members the way to this beautiful ministry with an undeniable love for Jesus, moms, and kids. This year, Felicia very transparently guides moms through loss and making sense of what feels messy. While pregnant with twins, the OB informed Felicia she had lost one of the two. She shares her journey of carrying both until full term and what it was like to pray for a miracle and then wrestle with God and His goodness in spite of her emotions. This gathering is for any mom who has felt grief but doesn't yet know how to let go and embrace better.

Gathering 13 – “Testimony” Gathering - It is hard to believe we are at the end already. This gathering is historically every mom's favorite. Today's “open mic” is a chance for YOU to share what Able Moms has meant to you this year and hear what it has meant to others. Bring your phone as you'll have an opportunity at the gathering's end to share as well as join us again next year.

**Coordinator: One Bonus Gathering

Some Communities will choose to go longer, supplement a video, or add a fun evening Gathering. If this is you, here is one extra Gathering for you to use. Additionally, if you do not wish to choose your own speaker for Gathering 7, you can use this Bonus Gathering instead.

Bonus: Gathering 14 - Ambre Thill, lead Women's Ministry Director at mega-church, Calvary of Naperville, Illinois, mom and grandmom, and host to this year's Mom Comm, Ambre is a spirit-filled woman who speaks and the atmosphere changes. Soft and unassuming, you feel like you are in a “mother's lap” yourself as she shares her dark day and the life-altering revelation of putting full surrender and trust in our perfect Father. You don't want to miss this gathering if you need the comfort of a mother yourself.



Below is an example of how every Gathering should be conducted.

General Community Gathering Outline:

Start Time: Welcome + Opening Prayer + Share the Day's Teaser Question
Immediately following: "Breaking Bread" Buffet Open

@ 25 minutes: General Announcements by a Coordinator/Team Leader

- Housekeeping
- Church Events
- Community Events

@ 5 minutes: Able Kids Announcements given by Able Kids Leader

- Housekeeping
- Playdates
- Explain what moms will share using the Able Kids Team Lead Curriculum

@ 5 minutes: Able Moms Video

@ 5-10 minutes: Coordinator: Recap/Testimony

@ 5 minutes: Coordinator: Lead Activity

@ 10-15 minutes: Mentor Mom + Table Leader: Table Discussions

@ 20-25 minutes: Prayer + Clean Up

@ 1.5 hours: Dismissal

TIP: *You have already chosen the meeting time and day that works for your Community. Now, each lesson of your curriculum (usually) has the same Gathering agenda as above, but like page 11, with fill-in-the-blanks. Just place your times in using the outline on this page. This will save you a lot of planning hassle. FYI, Gathering One on page 14 is the first meeting you will be able to practice using this format. Lastly, if there is a change or longer video, it will be noted in the opening paragraph.*



SAMPLE SCHEDULE

- 9:00 a.m. Welcome + Opening Prayer + Share the Day's Teaser Question
> "Breaking Bread" Immediately Following
> Table Leader + Mentor Mom led Teaser Discussion
- 9:25 a.m. Finance Team Lead: General Announcements
- 9:30 a.m. Able Kids Team Lead: Able Kids Announcements
- 9:35 a.m. Tech: Able Moms Video
- 9:45 a.m. Coordinator: Recap/Testimony
- 9:50 a.m. Coordinator: Lead Activity, then share Discussion Question
- 10:00 Mentor Mom + Table Leader: Table Discussions
- 10:25 Prayer + Clean Up
- 10:30 Dismissal

TIP: *You can meet on a Saturday morning or even a week night. This is your Community, and can be done over any one and a half hour time slot you choose. Just be consistent so your moms can always place it conveniently in their schedule.*

TIP: *You can announce your Gathering's Discussion Question every time or share with your Table Leaders and Mentor Moms in advance using our Private Portal at AbleMoms.org or our Capable Community.*





Here we go! This first week will look differently than the other Gatherings. Here, you introduce Able Moms. But, not to fear. You have videos you will be showing and everything you need to introduce your team and this ministry well. And, there are time guides blanks next to your schedule so you can plan this unique meeting down to the minute.

We are praying for you today! Let truth awaken, sister.





Coordinator Planning: Your Community Schedule

Fill in times below

- _____ Welcome + Opening Prayer + Share the Day's Teaser Question
"Breaking Bread" Immediately Following (10 minutes)
- _____ Teaser Question Discussion (10 minutes)
- _____ Video: Theme (2 minutes)
- _____ Coordinator: share something unique about *your* community (10 minutes)
- _____ Team Lead Introductions (5-7 minutes)
- _____ Able Kids Leader Announcements (5 minutes)
- _____ Housekeeping for your individual Host (5 minutes)
- _____ Video: Able Moms CEO (<10 minutes)
- _____ Coordinator: Testimonial (5 minutes)
- _____ Activity (10 minutes)
- _____ Closing and Prayer (5 minutes)
- _____ Dismissal + Clean Up (10 minutes)



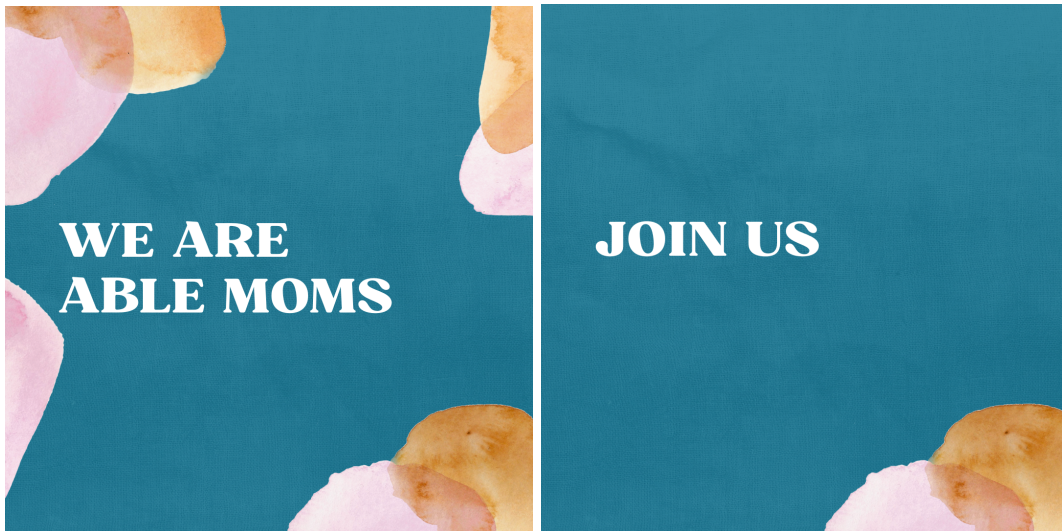
SCHEDULE EXPANDED:

1. _____ Welcome and Prayer
2. _____ "Breaking Bread" Buffet Opens
3. _____ Teaser Question - "Share with your table your name, how many kiddos you have, a picture of your family that you have on your phone, and one fun fact about you or your family."
4. _____ Share Video: Theme Promo (< 2 minutes) 
5. _____ Share something fun or unique to your community that you want your Able Moms to know. Get creative – Use a skit, funny Q & A panel, or crazy story to express your *unique* mom-community
6. _____ Coordinator and Team Leaders get up to be introduced - each Team Member shares their name, their title on the team, number of kiddos, and why they wanted to lead this year
7. _____ Able Kids Leader shares and announces what moms can expect of the Able Kids Program this year
8. _____ Coordinators, share housekeeping for *your* specific Host's Community (where to park, childcare info, or where bathrooms are). List below:
 -
 -
 -
 -
9. _____ Share Video: An Intro Message from your AMI Founder 
10. _____ Coordinators, share your personal passion for the Able Moms ministry and what this year's theme means to you. Write it out:

11. _____ Activity
12. _____ Closing and prayer



Look for these shareable graphics in your Coordinator Resources and tag #AbleMoms and # your specific Host Community today!



Post Meeting: How do you think it went, Coordinator and Team Leads?

1. What was your biggest highlight from today?
2. What is one thing that surprised you?
3. What is one thing you'd like to improve for the next Gathering?
4. What one exciting takeaway can you share with your pastor or Host? DO!

Great Job!



Drum roll...because, this is your FIRST "regular Gathering"; meaning that all Gatherings will now follow this similar format. You have worked so hard and everything below is set up to help your hard work pay off. Follow our outline and pray with us for the hearts of your moms.

Each lesson provides you the opportunity to seek God and study His word in preparation for your Gathering. So, be sure to set time aside to prepare using this curriculum as a guide. Preparation and personal study is the only way to truly lead your Community well in their capABLE parenting, unshakeABLE faith, and memorABLE mentorship. Lastly, this curriculum distinguishes exactly what is preparation and what is to be shared the day of because of the schedule blanks that start each section. They look like this: ' _____ '


We are so glad to have you on our team as boots on the ground. Just think; one, God-infused sentence you share can change a mom's eternity and the future of her Able Kids. Here we go!

All our love, the AMI Team



Coordinator Planning: Your Community Schedule

Fill in times below

- _____ Welcome + Opening Prayer + Share the Day's Teaser Question
 - > "Breaking Bread" Immediately to Follow
 - > Table Teaser Discussion
- _____ Team Leads on Rotation: General Announcements
- _____ Able Kids Team Lead: Able Kids Announcements
- _____ Tech: Emily Assell Video 

- _____ Coordinator: Recap/Testimony
- _____ Coordinator: Lead Activity
- _____ Mentor Mom + Table Leader: Table Discussions
- _____ Prayer + Clean Up

@1.5 hours Dismissal

Now, place these times in the blanks below for quick reference on Gathering day.



_____ **Teaser Question To Discuss During Breakfast:**

What is your favorite place in your house and why?



_____ **General Announcements:** What general announcements do you have to share this week? Did you forget anything from last week? How about those improvements your team discussed after the last meeting? (Check out your notes from the bottom of page 13.) Are there new moms joining today where you need to review last week's Intro Gathering? Are there any church or community events? Is there anything your Host asked you to share? List them below:

-
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-

_____ Make sure your **Able Kids Lead** is ready to go using her Able Kids Curriculum! If she will be absent, list her announcements below for yourself.

-
-
-

 _____ Play **Able Moms Video** for the Week



Use your shareable graphics this week and tag **#AbleMoms** and **# your specific Host!**

Able MOMS international

And the God of all grace, who called you to his eternal glory in Christ, after you have suffered a little while, will himself restore you and make you strong, firm and steadfast.

1 PETER 5:10 NIV

@able_moms

“When we say ‘yes’ to God one step at a time, He takes us from hopelessness to limitlessness.”

@ABLE_MOMS

Able MOMS international

 Prepare for your upcoming Gathering

Set some quiet time aside to study, pray, and prepare using the topic and Scripture(s) below. This was chosen and crafted for you by your Able Moms Curriculum Committee.

Father, speak.

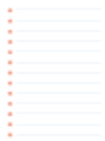


KEY VERSE

And the God of all grace, who called you to His eternal glory in Christ, after you have suffered a little while, will Himself restore you and make you strong, firm and steadfast.
1 Peter 5:10 NIV

The unshakeABLE takeaway you will want to leave moms with:

“When we say ‘yes’ to God one step at a time, He takes us from hopelessness to limitlessness.”



Coordinator, read Genesis 37:18-end, Genesis 39, and Genesis 45:4-7 NIV with a highlighter and a notebook.

As you are reading, be thinking about these **questions**.



1. What past is Joseph referring to or what three unfortunate situations happened when he says he was “sold into Egypt”?
2. What are some unfortunate circumstances that made you feel you too were in “the pit” of life?
3. How does Joseph’s life display that we can trust that our suffering is producing fruitful next steps?
4. Based on 1 Peter 5:10, what is *abundant* life?
5. Sometimes circumstances paralyze us and saying ‘yes’ is hard. How can we say ‘yes’ to God and press forward towards true *abundance* and not become distracted by temporary ease?
6. In Joseph’s story, he realized his abundance was for a purpose of something bigger than himself. How would you express your life’s

Father, finish.

_____ Activity

This activity is designed to show moms how much they have in common with one another. They start on one side of the room in a line and only take a step forward if they can say 'yes' to the questions. You will notice that they begin lighthearted and grow deeper.

- Have you ever had a big dream?*
- Have you ever planned an amazing vacation?*
- Have you ever met a personal goal?*
- Have you ever gotten a speeding ticket?*
- Have you ever moved twice in one year?*
- Have you ever lost a pet?*
- Have you ever been betrayed?*
- Have you ever felt alone?*
- Have you ever struggled in your marriage?*
- Have you ever lost something or someone significant?*
- Have you ever had your hopes dashed?*
- Have you ever experienced the joy of friendship?*
- Have you ever earned an award?*
- Have you ever questioned God's goodness?*

"And, if you are part of an Able Moms Community, walk to the finish line. Lock arms and remember all of this has brought you to where you are today; arm-in-arm with sisters in Christ experiencing strength and steadfastness. This year we will awaken truth, arm-in-arm, holding one another up faithfully."



_____ **MM and TL Led Table Discussion:** "What level of life's stairs would you say you are currently on? What are you saying 'yes' or 'no' to in life?"

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TIP: Sit at your own table and join in! Just a tip - let your Mentor Mom and Table Leader lead even if it means being intentionally quiet at first.

_____ **Prayer + Clean Up:** This is a great opportunity to grow the leaders around you. You can ask someone during breakfast if they would be willing to pray the closing prayer here. Lastly, you will have to give a little reminder and direction for cleaning up. This is all new to your Community!

_____ **Dismissal**






You will need to prepare in advance for today's activity.



Coordinator Planning: Your Community Schedule **Fill in times below**

- _____ Welcome + Opening Prayer + Share the Day's Teaser Question
> "Breaking Bread" Immediately to Follow
> Table Leader + Mentor Mom led Teaser Discussion
 - _____ Coordinator or Team Lead Rotation: General Announcements
 - _____ Able Kids Team Lead: Able Kids Announcements
 - _____ Tech: Bethany Hicks Video 
 - _____ Coordinator: Recap/Testimony
 - _____ Coordinator: Lead Activity
 - _____ Mentor Mom + Table Leader: Table Discussions
 - _____ Prayer + Clean Up
- @1.5 hours Dismissal

Now, place these times in the blanks below for quick reference on Gathering day.



_____ Teaser Question To Discuss During Breakfast:

What did you want to be when you grew up?



_____ **General Announcements:** What general announcements do you have to share this week? Are there any church or community events? Is there anything your Host asked you to share? List them below:

-What areas does your local Host need volunteers for? **Announce here!**

-
-
-

_____ Make sure your **Able Kids Lead** is ready to go using her Able Kids Curriculum! If she will be absent, list her announcements below for yourself.

-
-
-



_____ Play **Able Moms Video** for the Week



Use your shareable graphics this week and tag #AbleMoms and # your specific Host!



"We are called to raise our children in partnership for what God has declared over them and the Holy Spirit has equipped us for as moms."

ABLE MOMS



ABLE MOMS
international

TRAIN UP A CHILD IN THE WAY HE SHOULD GO, EVEN WHEN HE GROWS OLDER HE WILL NOT ABANDON IT. PROVERBS 22:6

@able_moms

START HERE *Prepare for your upcoming Gathering*

Set some quiet time aside to study, pray, and prepare using the topic and Scripture(s) below. This was chosen and crafted for you by your Able Moms Curriculum Committee.

Father, speak.

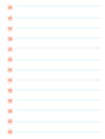


KEY VERSE

Train up a child in the way he should go, even when he grows older he will not abandon it.
Proverbs 22:6

The unshakeABLE takeaway you will want to leave moms with:

“Our goal is to acknowledge our children’s God-given identity as well as their uniqueness, then partner with God to nurture His calling for them to become fully equipped for their destinies.”



Coordinator, read Luke 1:28-35 NIV with a highlighter and a notebook.

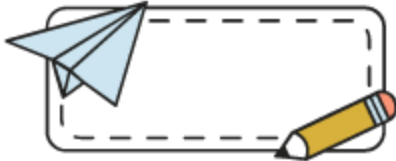
As you are reading, be thinking about these **questions**.



1. What does Scripture reveal about *every* Believer’s identity in Christ?
2. In Luke’s verses 31-33, what does the angel specifically declare over the baby in Mary’s womb, the mother of Jesus, in reference to who He is and what He will do?
3. In light of every Believer’s identical identity, yet God’s declaration of every individual’s assignment as different, what do you believe God has uniquely declared over *your* child?
4. Have you ever asked God this question about your children before?
5. Based on Mary’s response in these verses, how do we partner with our children to help them accomplish their distinctive callings?
6. How does the Holy Spirit help us instill in our children their true identity to discern against the enemy’s lies?

Now, reread the passage once more. Prayerfully answer the questions above. Just ponder, seek, and jot.

Father, lead.



Now that you have studied and prayed, **journal to Jesus**. How did this study time personally speak to you? What did you hear or learn? (You will use this as a starting point to prepare your shareable Recap.)

Summary

This is how we at Able Moms would summarize this study in just one sentence:
“We are called to raise our children in partnership for what God has declared over them and what the Holy Spirit has equipped us for as moms.”



Your unshakeABLE takeaway: “Our goal is to acknowledge our children’s God-given identity as well as their uniqueness, then partner with God to nurture His calling for them to become fully equipped for their destinies.”

Able Moms Summary: “We are called to raise our children in partnership for what God has declared over them and what the Holy Spirit has equipped us for as moms.”



_____ **Coordinator Recap:** Remembering the above and considering the video, what highlights from your personal study do you want to share that will grow moms' unshakeABLE faith? Rewrite your shareable final draft here:

Father, finish.

_____ **Activity**

Provide every other mom pen and paper and a partner. Have the mom with pen and paper close her eyes while her partner gives instructions on how to draw the object she is thinking of. The result is a funny picture that represents how each mom hears the narrative for her child alone and follows that direction.



_____ **MM and TL: Closing Table Discussion**

"What are characteristics specific to your child that you can nurture, develop, or call out for them to fulfill a destiny God has only for them?"

_____ **Prayer + Clean Up:** This is a great opportunity to grow the leaders around you. You can ask someone during breakfast if they would be willing to pray the closing prayer here. Lastly, you will have to give a little reminder and direction for cleaning up. This is all still new to your Community!

_____ **Dismissal**






You will need to prepare in advance for today's activity.



Coordinator Planning: Your Community Schedule **Fill in times below**

- _____ Welcome + Opening Prayer + Share the Day's Teaser Question
- > "Breaking Bread" Immediately to Follow
- > Table Leader + Mentor Mom led Teaser Discussion
- _____ Coordinator or Team Lead Rotation: General Announcements
- _____ Able Kids Team Lead: Able Kids Announcements
- _____ Tech: Misty Phillip Video 
- _____ Coordinator: Recap/Testimony
- _____ Coordinator: Lead Activity
- _____ Mentor Mom + Table Leader: Table Discussions
- _____ Prayer + Clean Up

@1.5 hours Dismissal

Now, place these times in the blanks below for quick reference on Gathering day.



_____ Teaser Question To Discuss During “Breaking Bread”:

What is one of the most interesting questions your child has ever asked you?



_____ **General Announcements:** What general announcements do you have to share this week? List them below:

-Does your Host Church have an upcoming event that you can share with your moms?

-
-
-

_____ Make sure your **Able Kids Lead** is ready to go using her Able Kids Curriculum! If she will be absent, list her announcements below for yourself.

-
-
-



_____ Play **Able Moms Video** for the Week



Use your shareable graphics this week and tag #AbleMoms and # your specific Host!

“HE HAS CRAFTED YOUR BABY WITH PURPOSE AND INTENTIONALITY AND HE IS AUTHORIZING THE MOST BEAUTIFUL STORY - IN THEIR STORY, THERE IS SPACE FOR BOTH DEEP GRIEF AND UNIMAGINABLE GRACE.”

@able_moms



My frame was not hidden from you when I was made in the secret place, when I was woven together in the depths of the earth. Your eyes saw my unformed body; all the days ordained for me were written in your book before one of them came to be.

Psalm 139:15-16 NIV



Prepare for your upcoming Gathering

Set some quiet time aside to study, pray, and prepare using the topic and Scripture(s) below. This was chosen and crafted for you by your Able Moms Curriculum Committee.

Father, speak.



KEY VERSE

My frame was not hidden from You when I was made in the secret place, when I was woven together in the depths of the earth. Your eyes saw my unformed body; all the days ordained for me were written in Your book before one of them came to be.

Psalm 139:15-16 NIV

The unshakeABLE takeaway you will want to leave moms with:

“Parenting children requires a special heart. God is writing their stories and sees you and your children in every challenge; He is aware, and He cares for you both immensely.”



Coordinator, read Psalm 139:13-18 NIV with a highlighter and a notebook.

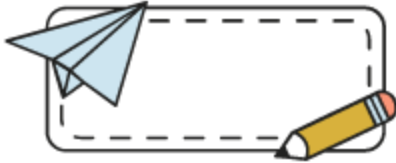
As you are reading, be thinking about these **questions**.



1. Why is it truly important to know that we are seen by God?
2. How can we be confident of God’s workmanship in our children’s bodies?
3. What qualities in your children do you see as “imperfect”? Ponder. Make a list that you look over while asking yourself question #4.
4. After reading this Scripture passage, how can you see those qualities with God’s eyes? Write those new answers next to your original list. If you have a safe-keeping place, keep your list. If there is jeopardy of it being found, we suggest you “hide God’s words in your heart” and throw the list away.
5. Verse 16 says God has been writing your children’s stories. How can you see His story for them with His eyes as well?
6. How has your perspective now changed?

Now, reread the passage once more. Prayerfully answer the questions above. Just ponder, seek, and jot.

Father, lead.



Now that you have studied and prayed, **journal to Jesus**. How did this study time personally speak to you? What did you hear or learn? (You will use this as a starting point to prepare your shareable Recap.)

Summary

This is how we at Able Moms would summarize this study in just one sentence: "He has crafted your baby with purpose and intentionality, and He is authoring the most beautiful story - in their story, there is space for both deep grief and unimaginable grace."



Your unshakeABLE takeaway: "Parenting children requires a special heart. God is writing their stories and sees you and your children in every challenge; He is aware, and He cares for you both immensely."

Able Moms Summary: "He has crafted your baby with purpose and intentionality, and He is authoring the most beautiful story - in their story, there is space for both deep grief and unimaginable grace."



_____ **Coordinator Recap:** Remembering the above and considering the video, what highlights from your personal study do you want to share that will grow moms' unshakeABLE faith? Rewrite your shareable final draft here:

Father, finish.

_____ **Activity**

Make sure every table has a stack of stationary. Ask the moms to write a letter to her child(ren) sharing all the God-given qualities she admires in them.

Talk it Out

_____ **MM and TL Led Table Discussion:** “Think of one quality about just one of your children that rubs you the wrong way. Then, take what is seen as a weakness by you and describe that same quality as the strength God designed it to be. Share with your table this alternative perspective. For example: ‘My child can be so stubborn! But, by God’s grace, I actually see God has designed him to be a steadfast leader; someone who is not easily deterred and that will stand for his/her faith in times when others might struggle’.”

_____ **Prayer + Clean Up**

_____ **Dismissal**



Amanda Florczykowski

GATHERING 4

Ocean of Overwhelm




As you prepare this week, be sure to communicate more regularly with your members about the importance of attending. It's not you - it's the nature of the beast. It is difficult to attend, because something always fights for moms' time and attention. But, Able Moms is worth it - remind them that God has something for THEM. They NEED this time and will leave grateful they didn't miss what God had for them. Week after week, be proactive in your invitation.

This week will not close with a 20-25 minute Discussion, but a unique Prayer Time. Lastly, your video this week is 15 minutes. Your Teaser Question is a little deeper this week in lieu of the Discussion. Lastly, you will need to prepare in advance for today's activity.



Coordinator Planning: Your Community Schedule Fill in times below

- _____ Welcome + Opening Prayer + Share the Day's Teaser Question
- _____ > "Breaking Bread" Immediately to Follow
- _____ > Table Leader + Mentor Mom led Teaser Discussion (25 minutes)
- _____ Coordinator or Team Lead Rotation: General Announcements (5)
- _____ Able Kids Team Lead: Able Kids Announcements (5)
- _____ Tech: Amanda Florczykowski Video  (15 minutes)
- _____ Coordinator: Recap/Testimony (5 minutes)
- _____ Coordinator: Lead Activity (10-15 minutes)
- _____ Prayer Time (10 minutes)
- _____ Clean Up

@1.5 hours Dismissal

Now, place these times in the blanks below for quick reference on Gathering day.



_____ **Teaser Question To Discuss During Breakfast:**

If you were brutally honest, how would you rate your life's margin on a scale of 1-10; one being "I live wildly stressed and feel like I have zero time for myself or Jesus" and 10 being, "I think I do a pretty good job of recognizing what I need, and I pace myself, my time, and my life well."



_____ **General Announcements:** What general announcements do you have to share this week? List them below:

- What Christmas programs in your area should moms know about?
- Are there volunteer opportunities at your Host this Christmas season?
-
-

_____ Make sure your **Able Kids Lead** is ready to go using her Able Kids Curriculum! If she will be absent, list her announcements below for yourself.

-
-
-



_____ Play **Able Moms Video** for the Week



Use your shareable graphics **this week** and tag **#AbleMoms** and **# your specific Host!**



Prepare for your upcoming Gathering

Set some quiet time aside to study, pray, and prepare using the topic and Scripture(s) below. This was chosen and crafted for you by your Able Moms Curriculum Committee.

Father, speak.

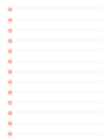


KEY VERSE

*When my spirit was overwhelmed within me, then You knew my path.
Psalm 142:3*

The unshakeABLE takeaway you will want to leave moms with:

“The picture of our good Father, our good Shepherd, and our sheeplike trust is aweing. He goes before us. He guides. He knows our future. And, in the inevitable valleys of shadows or death, even then, He is not surprised, but is close.”



Coordinator, read Psalm 23 NLT with a highlighter and a notebook.

As you are reading, be thinking about these **questions**.



1. After reading this scripture, list as many things as you can that your Good Shepherd does for you.
2. What does it look like to you to “rest in green meadows” or be led by “still waters”?
3. Shepherds protect and true to this, Psalm 23 always describes us being led by God into sweet and restful places. But, where in Psalm 23 is the only place we are not led, but “closely followed”...and what *pursues* us all our days?
4. Grab a Bible dictionary and see what a Shepherd’s rod and staff were used for. How do you now see God communicating His comfort in this passage?
5. When we have little margin and are overwhelmed in life, how can we stop “leading” our life and start being led by the Shepherd?
6. What practically holds you back from the comfort your Shepherd offers?

7. After practicing the exercise that Amanda shared in this week's video, what do you see needs to change and/or how has this change benefited you these few weeks?

Now, reread the passage once more. Prayerfully answer the questions above. Just ponder, seek, and jot.

Father, lead.



Now that you have studied and prayed, [journal to Jesus](#). How did this study time personally speak to you? What did you hear or learn? (You will use this as a starting point to prepare your shareable Recap.)

REMEMBER!

Your unshakeABLE takeaway: “The picture of our good Father, our good Shepherd, and our sheeplike trust is aweing. He goes before us. He guides. He knows our future. And, in the inevitable valleys of shadows or death, even then, He is not surprised, but is close.”

Able Moms Summary: “We cannot lead our own lives and be restful, blessed, without lack, at peace, comforted, or protected. Only a GOOD Shepherd can lead us into these places and seasons.”



Coordinator Recap: Remembering the above and considering the video, what highlights from your personal study do you want to share that will grow moms’ unshakeABLE faith? Rewrite your shareable final draft here:

Father, finish.

_____ **Activity**

Pass out the exercise's 3X5 cards. Each mom may need even more than 20, so be prepared. While playing worship music, have each mom take some time and write all her responsibilities on each card as Amanda described. Moms will NOT sort them until home alone where they can finish the exercise by writing the main verse and the four categories. Then...

_____ **Prayer + Clean Up:** Before you clean up today, take a little more time and earnestly pray over your moms. If moms want to come up to the front while Mentor Moms place their hands on them, do so. Whatever you feel the room needs. Let truth awaken and pray Scripture over her - she has a Good Shepherd. Let her seek His organization for her "life" and listen for His response.

_____ **Dismissal**






Be sure to plan Gathering 7 by selecting a guest speaker well in advance. (See the opening paragraph on page 63.) As a courtesy, be sure to share your choice with your Host church leadership. It will be an amazing day, no doubt. We are praying for you, sweet Coordinator!



Coordinator Planning: Your Community Schedule **Fill in times below**

- _____ Welcome + Opening Prayer + Share the Day's Teaser Question
> "Breaking Bread" Immediately to Follow
> Table Leader + Mentor Mom led Teaser Discussion
- _____ Coordinator or Team Lead Rotation: General Announcements
- _____ Able Kids Team Lead: Able Kids Announcements
- _____ Tech: April Gordon Video 
- _____ Coordinator: Recap/Testimony
- _____ Coordinator: Lead Activity
- _____ Mentor Mom + Table Leader: Table Discussions
- _____ Prayer + Clean Up

@1.5 hours Dismissal

Now, place these times in the blanks below for quick reference on Gathering day.



_____ Teaser Question To Discuss During Breakfast:

Share a weird truth about yourself.



_____ **General Announcements:** What general announcements do you have to share this week? List them below:

-If you have guest speaker ideas, maybe take a vote here. :)

-Announce to come prepared to January's Gathering ready to register for Mom Comm! And play the Mom Comm Commercial 

-
-

_____ Make sure your **Able Kids Lead** is ready to go using her Able Kids Curriculum! If she will be absent, list her announcements below for yourself.

-
-
-



_____ Play **Able Moms Video** for the Week



Use your shareable graphics this week and tag #AbleMoms and # your specific Host!




 @ABLE_MOMS

SO THE NEXT GENERATION WOULD KNOW, AND ALL THE GENERATIONS TO COME – KNOW THE TRUTH AND TELL THE STORIES SO THEIR CHILDREN CAN TRUST IN GOD AND NEVER FORGET THE WORKS OF GOD BUT KEEP HIS COMMANDS TO THE LETTER...
PSALM 78:6-7 MSG

“As you instill the truth of the scripture into your children, you are *equipping* them to stand firm on the foundation of faith to fight the battles to come.”


 @ABLE_MOMS




 Prepare for your upcoming Gathering

Set some quiet time aside to study, pray, and prepare using the topic and Scripture(s) below. This was chosen and crafted for you by your Able Moms Curriculum Committee.

Father, speak.



KEY VERSE

So the next generation would know, and all the generations to come—Know the truth and tell the stories so their children can trust in God and never forget the works of God but keep His commands to the letter...

Psalm 78:6-7 MSG

The unshakeABLE takeaway you will want to leave moms with:

“As you instill the truth of the Scripture into your children, you are equipping them to stand firm on the foundation of faith to fight the battles to come.”



Coordinator, read 1 Corinthians 3:9-14 NKJV with a highlighter and a notebook.

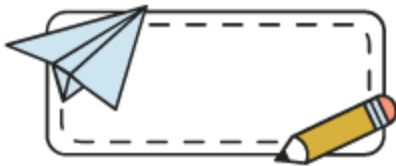
As you are reading, be thinking about these **questions**.



1. What does the text mean when it says that we are God’s field and God’s building?
2. Why is it important for a building to have a firm foundation?
3. What do you think it means to “take heed how He builds on it” and how can we apply this to raising children?
4. Pulling from your experience, share the difficult parts of “training up a child” that are exhausting in the moment, but later on produce a result worth the labor?

Now, reread the passage once more. Prayerfully answer the questions above. Just ponder, seek, and jot.

Father, lead.



Now that you have studied and prayed, **journal to Jesus**. How did this study time personally speak to you? What did you hear or learn? (You will use this as a starting point to prepare your shareable Recap.)

Summary

This is how we at Able Moms would summarize this study in just one sentence:
“The spiritual groundwork you lay for your children establishes a foundation of truth they can build on, so they’ll grow to have an unshakeable faith they can always stand on.”



Your unshakeABLE takeaway: “As you instill the truth of the scripture into your children, you are equipping them to stand firm on the foundation of faith to fight the battles to come.”

Able Moms Summary: “The spiritual groundwork you lay for your children establishes a foundation of truth they can build on, so they’ll grow to have an unshakeable faith they can always stand on.”



_____ **Coordinator Recap:** Remembering the above and considering the video, what highlights from your personal study do you want to share that will grow moms’ unshakeABLE faith? Rewrite your shareable final draft here:

Father, finish.

Activity

Have the Mentor Mom from each table *Play 2 Truths & A Lie* (Where they share 2 true statements about themselves and one statement made up to see if the room can guess which one is not true). Give your MMs advance notice so they come prepared!



_____ **MM and TL: Closing Table Discussion**

“Brainstorm as a table the ways that you have applied the truth of God’s word to your children’s everyday, practical life that helped them understand Scripture’s value and importance. If

your kids are too young to communicate verbally, garner ideas you can apply as they grow.”

_____ **Prayer + Clean Up**

_____ **Dismissal**



Sherry Boykin

GATHERING 6

Relevant Stories,
Interested Kids




Today's activity is a powerful one and we want you to have as much time as you need. So, this Gathering will not close with a Discussion Question, but a prayer time. You will also need to prepare in advance for today's activity.



Coordinator Planning: Your Community Schedule

Fill in times below

- _____ Welcome + Opening Prayer + Share the Day's Teaser Question
> "Breaking Bread" Immediately to Follow
> Table Leader + Mentor Mom led Teaser Discussion
- _____ Coordinator or Team Lead Rotation: General Announcements
- _____ Able Kids Team Lead: Able Kids Announcements
- _____ Tech: Sherry Boykin Video 
- _____ Coordinator: Recap/Testimony
- _____ Coordinator: Lead Activity
- _____ Prayer Time
- _____ Clean Up
- @1.5 hours Dismissal



Now, place these times in the blanks below for quick reference on Gathering day.



_____ **Teaser Question To Discuss During Breakfast:**

Share with your table a “pull-your-hair-out-of-your-head” moment.



_____ **General Announcements:** What general announcements do you have to share this week? Did you forget anything from last week? List them below:

- Welcome new Members
- Announce next week’s guest speaker
-
-

-AND. . . January Registration for Mom Comm 2023  And, play the commercial again 

_____ Ask moms to take out their smartphones and click “Mom Comm” on the AbleMoms.org site menu. Registration is now open for this conference, so offer your moms the promo code EARLYBIRD to receive 10% off their tickets. The promo code is only good for a limited amount of time, so encourage them to take advantage as well as make travel plans with their table. The Community with the most EARLYBIRD registrations will receive a special surprise at Mom Comm 2023!

_____ Make sure your **Able Kids Lead** is ready to go using her Able Kids Curriculum! If she will be absent, list her announcements below for yourself.

-
-

 _____ Play **Able Moms Video** for the Week



Use your shareable graphics **this week** and tag **#AbleMoms** and **# your specific Host!**



WELCOME

Join our local mom community

Able MOMS

Talk it Out

"The work of peace and satisfaction is *never* accomplished by punishing others or even ourselves, but only by the finished work of Christ who takes on all punishment as both royalty and priest."

@able_moms

Able MOMS international

 *Prepare for your upcoming Gathering*

Set some quiet time aside to study, pray, and prepare using the topic and Scripture(s) **below**. This was chosen and crafted for you by your Able Moms Curriculum Committee.

Father, speak.



KEY VERSE

So I confronted them and called down curses on them. I beat some of them and pulled out their hair.
Nehemiah 13:25a

The unshakeABLE takeaway you will want to leave moms with:
“We don’t carry the burden to cover our own injustices.”



Coordinator, read Romans 8:1-34 NLT with a highlighter and a notebook.

As you are reading, be thinking about these **questions**.



1. Those who live “according to the Spirit” set their minds on what? And, what does a fleshly mind fixate on? List it out.
2. Using this text, does God have the ability to withhold nothing from us? See vs 31
3. What *is* the greatest gift God has given us?
4. Look up the Biblical definition of condemnation? How is it different from conviction?
5. Have you ever regretted something as a mom and condemned yourself?
6. Who alone has the right to bring a charge against you? Does He?
7. Do we have the right to condemn anyone *including* ourselves?
8. Describe what approach to discipline you think imparts justice without condemnation?

_____ **Activity**

Pass out 3X5 cards to every mom. While playing worship music, coach moms to write condemnations she has put on herself...or others. After a few minutes, ask moms to then stand up, place their card(s) in their seat, and envision Jesus taking their places as both their King and their priest.

_____ **Prayer Time with Tables**

_____ **Clean Up + Dismissal**





It's the day you have been planning for; your special guest speaker. Be sure to:

- *Approve him/her with your Host church in advance*
- *Share the event with your moms on social media*
- *Maybe purchase a small 'thank you' gift for him/her*
- *Provide parking suggestions, greeters, and an itinerary to your guest*

Since this is your only preparation this week, and you will not be sharing a Testimonial Recap, we have provided a suggested passage to meditate on instead. Unless you have decided to forgo a speaker and use the Bonus gathering as a supplement, then follow Gathering 14's preparation.



Coordinator Planning: Your Community Schedule

Fill in times below

	Welcome + Opening Prayer + Share the Day's Teaser Question > "Breaking Bread" Immediately to Follow > Table Leader + Mentor Mom led Teaser Discussion (15 minutes)
	Coordinator or Team Lead Rotation: General Announcements (5)
	Able Kids Team Lead: Able Kids Announcements (5 min)
	GUEST SPEAKER (about 50 min)
	Tech: Special Ministry Video (5 min)
	Prayer + Clean Up
@1.5 hours	Dismissal

Now, place these times in the blanks below for quick reference on Gathering day.



_____ Teaser Question To Discuss During Breakfast:

If you could speak to an audience on any topic, what would it be?



_____ **General Announcements:** What general announcements do you have to share this week? List them below:

- Mom Comm Early Bird tickets only through Jan 20th! Play the Mom Comm Commercial
-
-

_____ Make sure your **Able Kids Lead** is ready to go using her Able Kids Curriculum! If she will be absent, list her announcements below for yourself.

-
-
-

_____ Guest Speaker



Use your shareable graphics this week and tag #AbleMoms and # your specific Host!

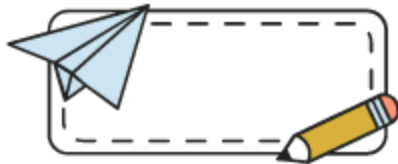
Father, speak.



MEDITATION

I John Chapters 1-3

Father, lead.



Now that you have studied and prayed, **journal to Jesus**. How did this study time personally speak to you? What did you hear or learn? (You will use this as a starting point to prepare your shareable Recap.)

Jesus, we pray for the speaker at this very moment. We ask that you would be with him/her as they prepare your Truth. We strive to see truth awakened this year; real, relevant, and revelatory to a tired and weary people. Some of whom, don't even know your truth. We pray for every mom, no matter her spiritual condition, to be refreshed and awakened by this speaker. We love you, Jesus. Make pathways to every heart. In your name.

Father, finish.

_____ **Special Ministry Video**  (5 min)

_____ **Prayer + Clean Up**

_____ **Dismissal**






There is no activity today, only deep Discussion. Don't forget to sit at your table during discussion times and join in. You too need the refreshment that friendship brings.



Coordinator Planning: Your Community Schedule **Fill in times below**

- _____ Welcome + Opening Prayer + Share the Day's Teaser Question
- > "Breaking Bread" Immediately to Follow
- > Table Leader + Mentor Mom led Teaser Discussion
- _____ Coordinator or Team Lead Rotation: General Announcements
- _____ Able Kids Team Lead: Able Kids Announcements
- _____ Tech: Jayme Gradwell Video 
- _____ Coordinator: Recap/Testimony
- _____ Mentor Mom + Table Leader: Extended Table Discussion
- _____ Prayer + Clean Up
- @1.5 hours Dismissal

Now, place these times in the blanks below for quick reference on Gathering day.



_____ **Teaser Question To Discuss During Breakfast:**

What have you regrettably bought that you really didn't need?



_____ **General Announcements:** What general announcements do you have to share this week? List them below:

-Mom Comm!

-
-
-

_____ Make sure your **Able Kids Lead** is ready to go using her Able Kids Curriculum! If she will be absent, list her announcements below for yourself.

-
-
-



_____ Play **Able Moms Video** for the Week



Use your shareable graphics **this week and tag **#AbleMoms** and **# your specific Host!****



"God has declared the majesty of His name through the faith of "even a child", and we as moms should listen to this faith."



@able_moms

Trust in the Lord with all your heart: do not depend on your own understanding. Seek His will in all you do, and He will show you which path to take.



Proverbs 3:5-6



@able_moms



Prepare for your upcoming Gathering

Set some quiet time aside to study, pray, and prepare using the topic and Scripture(s) below. This was chosen and crafted for you by your Able Moms Curriculum Committee.

Father, speak.



KEY VERSE

Trust in the Lord with all your heart: do not depend on your own understanding. Seek His will in all you do, and He will show you which path to take.

Proverbs 3:5-6

The unshakeABLE takeaway you will want to leave moms with:

“As mothers, we will experience unknowns, but God can speak truth to us through our children during these times of anxiety.”



Coordinator, read Psalm 8 NLT with a highlighter and a notebook.

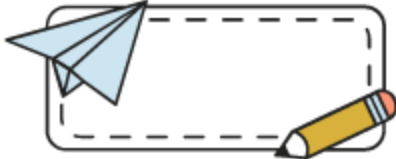
As you are reading, be thinking about these **questions**.



1. Using verse two, what happens to all those who oppose you when you teach your children of God’s strength?
2. In verse five, when using the description “a little lower than God,” is David referencing adults only?
3. Knowing this, can we learn truths from our children?
4. How can we keep our hearts humble enough to hear what God is speaking though our children?
5. Think of an example when you last felt you heard God’s voice through your child.

Now, reread the passage once more. Prayerfully answer the questions above. Just ponder, seek, and jot.

Father, lead.



Now that you have studied and prayed, **journal to Jesus**. How did this study time personally speak to you? What did you hear or learn? (You will use this as a starting point to prepare your shareable Recap.)

Summary

This is how we at Able Moms would summarize this study in just one sentence:
“God has declared the majesty of His name through the faith of a child, and we
as moms should listen.”



Your unshakeABLE takeaway: “As mothers, we will experience unknowns, but God can speak truth to us through our children during these times of anxiety.”

Able Moms Summary: “God has declared the majesty of His name through the faith of “even a child”, and we as moms should listen to this faith.”



_____ **Coordinator Recap:** Remembering the above and considering the video, what highlights from your personal study do you want to share that will grow moms’ unshakeABLE faith? Rewrite your shareable final draft here:

share with your children today to encourage *them* to share their faith-filled truths with *you*?

_____ Prayer + Clean Up

_____ Dismissal





This week's meeting will look a little different. It is entirely led by your Mentor Moms! You, Coordinator, will want to work alongside them a bit. The highlight of this gathering is the Q & A panel all your MMs sit on. FYI, an hour of Q & A goes really fast!



Coordinator Planning: Your Community Schedule **Fill in times below**

- _____ Welcome + Opening Prayer + Share the Day's Teaser (<15 minutes)
- > "Breaking Bread" Immediately to Follow
- > Table Leader: Teaser Discussion
- _____ Coordinator or Team Lead Rotation: General Announcements and share they day's format (5 minutes)
- _____ Able Kids Team Lead: Able Kids Announcements (5 minutes)
- _____ Coordinator: Transition (<5 minutes)
- _____ Mentor Moms: Panel (one hour)
- _____ Prayer + Clean Up
- @1.5 hours Dismissal

TIP: *If it is in your budget, it would be great for you to purchase little 'thank you' gifts for your Mentor Moms. Or have Table Leaders garner donations and purchase something more personal for her. As you close, you can pass these gifts out, thank them for their year's service, and honor them.*

_____ Coordinator, what fun Teaser Question do your Mentor Moms have planned? Share it with the Community to discuss during the meal with *only* their Table Leaders this week. Then,

_____ Transition: Coordinator, ask the Mentor Moms to make their way to the front where panel tables have been set up. Next, pass out 3X5 cards to the audience and then collect them once everyone has written their questions.

_____ Coordinator, take the next hour and “interview” your panel by asking your Mentor Moms questions using the 3X5 card submissions.

Historically, this is one of the moms’ favorite days. Enjoy it!

1.5 hour - Dismissal





*Worldwide Mom-Community
in ONE Place*

Bringing every local Able Moms Community together in one place for one day to dive deeper into our annual theme...

Truth Awaken

so that moms are
capable + unshakeable + and memorable

Chicagoland, Illinois - Calvary

Naperville

Saturday, March 4th, 2023



TIP:

Check out your Coordinator Resources for what to pack and where to stay as well as shareable graphics to promote #MomComm2023 to your moms




We are praying for you, sweet coordinator!



Coordinator Planning: Your Community Schedule

Fill in times below

- _____ Welcome + Opening Prayer + Share the Day's Teaser Question
- > "Breaking Bread" Immediately to Follow
- > Table Leader + Mentor Mom led Teaser Discussion
- _____ Coordinator or Team Lead Rotation: General Announcements
- _____ Able Kids Team Lead: Able Kids Announcements
- _____ Tech: Hannah Redden Video 
- _____ Coordinator: Recap/Testimony
- _____ Coordinator: Lead Activity
- _____ Mentor Mom + Table Leader: Table Discussions
- _____ Prayer + Clean Up

@1.5 hours Dismissal

Now, place these times in the blanks below for quick reference on Gathering day.



_____ **Teaser Question To Discuss During Breakfast:**

Share a picture of the last funny kid-accident you died a small death over.



_____ **General Announcements:** What general announcements do you have to share this week? List them below:

-Coordinator, what do you have to say about Mom Comm?

-
-
-

_____ Make sure your **Able Kids Lead** is ready to go using her Able Kids Curriculum! If she will be absent, list her announcements below for yourself.

-
-
-



_____ Play **Able Moms Video** for the Week



Use your shareable graphics this week and tag #AbleMoms and # your specific Host!

 *Time to Announce!*

Will you be joining
our local mom
community next
year?

@able_moms



@ABLE_MOMS

**FOR GOD DID
NOT GIVE US A
SPIRIT OF FEAR
AND TIMIDITY,
BUT OF POWER,
LOVE, AND SELF
DISCIPLINE.**

2 Timothy 1:7



Prepare for your upcoming Gathering

Set some quiet time aside to study, pray, and prepare using the topic and Scripture(s) below. This was chosen and crafted for you by your Able Moms Curriculum Committee.

Father, speak.

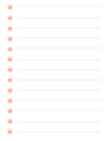


KEY VERSE

*For God did not give us a spirit of fear and timidity, but of power, love, and self discipline.
2 Timothy 1:7*

The unshakeABLE takeaway you will want to leave moms with:

“How you speak and behave in times of trouble matters because you are who your children look to to impart Truth in times of uncertainty.”



Coordinator, read Psalm 46:1-7 NIV with a highlighter and a notebook.

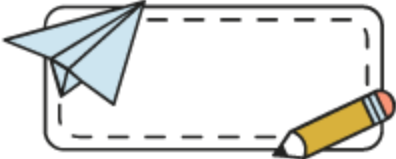
As you are reading, be thinking about these **questions**.



1. Read through the passage. What one verse resonates most with your past experiences?
2. What experience came to mind and how has it unearthed you?
3. Even in the midst of this, what one response does verse two decree you will not have?
4. Thinking of your experience, how can you resist fear, speak fresh truth over that situation, and then let it guide your future actions?
5. What is one believing truth you took away today that you can share with your fellow Able Moms?

Now, reread the passage once more. Prayerfully answer the questions above. Just ponder, seek, and jot.

Father, lead.



Now that you have studied and prayed, [journal to Jesus](#). How did this study time personally speak to you? What did you hear or learn? (You will use this as a starting point to prepare your shareable Recap.)

Summary

This is how we at Able Moms would summarize this study in just one sentence:

"Even in the smallest of choices, through God's power and even in our weakness, we and our children reap the greatest of God's promises as His followers."



Your unshakeABLE takeaway: "How you speak and behave in times of trouble matters because you are who your children look to to impart Truth in times of uncertainty."

Able Moms Summary: "Even in the smallest of choices, through God's power and even in our weakness, we and our children reap the greatest of God's promises as His followers."



_____ **Coordinator Recap:** Remembering the above and considering the video, what highlights from your personal study do you want to share that will grow moms' unshakeABLE faith? Rewrite your shareable final draft here:

Father, finish.

 Activity

With worship music playing, ask each mom to pull out their phone. With no talking, ask them to begin to go back through all their pictures focusing on only the photos that display their children and family. Ask them to recall the memories from each of those days with their children and sit in the beauty of their family togetherness.

Explain that some pictures will inevitably conjure up feelings of “bad days”, defeat, exhaustion, and failure. That is ok - because Jesus' blood covers our past, present, and future sins. Our acknowledgement of our weakness and His vastness is what is really crucial.

So, ask your moms to now quietly listen to the Lord. Ask your audience to pause after each question and ponder their responses during this three question exercise:

1. "What areas of my motherhood have I been thinking untruthful thoughts about myself and my children?"
2. "Have I been mothering from those irrational places?"
3. "What truth does Jesus say about me as a mom that I can awaken in my heart and begin to mother from; a much more faith-forward mental space?"



_____ **MM and TL: Closing Table Discussion**

"Share as much as you are willing to about what you heard God speak to you about your motherhood."

_____ **Prayer + Clean Up**

_____ **Dismissal**




Felicia Sivells

GATHERING 11

Help My Unbelief



Coordinator Planning: Your Community Schedule
Fill in times below

- _____ Welcome + Opening Prayer + Share the Day's Teaser Question
> "Breaking Bread" Immediately to Follow
> Table Leader + Mentor Mom led Teaser Discussion
- _____ Coordinator or Team Lead Rotation: General Announcements
- _____ Able Kids Team Lead: Able Kids Announcements
- _____ Tech: Felicia Sivells Video 
- _____ Coordinator: Recap/Testimony
- _____ Coordinator: Lead Activity
- _____ Mentor Mom + Table Leader: Table Discussions
- _____ Prayer + Clean Up

@1.5 hours Dismissal

Now, place these times in the blanks below for quick reference on Gathering day.



_____ Teaser Question To Discuss During Breakfast:

Share vacation plans or the best vacation you've had to date.



_____ **General Announcements:** What general announcements do you have to share this week? List them below:

_Next Gathering is our last! Don't miss and come prepared to register online for next year!

-
-

_____ Make sure your **Able Kids Lead** is ready to go using her Able Kids Curriculum! If she will be absent, list her announcements below for yourself.

-
-
-



_____ Play **Able Moms Video** for the Week



Use your shareable graphics **this week and tag **#AbleMoms** and **# your specific Host!****

REMEMBER!

We are all in this
together.

@ABLE_MOMS



Have you too experienced
the loss of a child?

message us for prayer

@ABLE_MOMS



Prepare for your upcoming Gathering

Set some quiet time aside to study, pray, and prepare using the topic and Scripture(s) below. This was chosen and crafted for you by your Able Moms Curriculum Committee.

Father, speak.



KEY VERSE

The Lord answered, "If you had faith even as small as a mustard seed, you could say to this mulberry tree, 'May you be uprooted and be planted in the sea,' and it would obey you!"

Luke 17:6

The unshakeABLE takeaway you will want to leave moms with:

“Faith is not based upon the miracles we didn’t receive, but based upon fully giving ourselves over to Him regardless of our outcome; even when the miracles we prayed for don’t come about.”



Coordinator, read Psalm 22:27-28 ESV with a highlighter and a notebook.

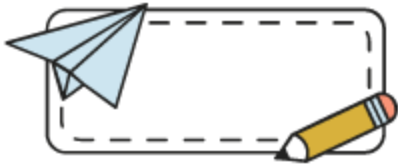
As you are reading, be thinking about these **questions**.



1. Consider a time you have been disappointed by how God answered your prayer. Ponder this.
2. If our faith is not *in* the miracle, but *for* the miracle because our ultimate faith is *in* Christ alone, how is what you have learned similar or different from the concept of “ultimate faith in Christ alone”?
3. As King and ruler, how can you honor God’s work even when you don’t get what you pray for?
4. What does that look like? Pen an example.
5. How can this fresh revelation and living example of this level of trust in Truth lead “all the ends of the earth and other families” to honor Him as King?

Now, reread the passage once more. Prayerfully answer the questions above. Just ponder, seek, and jot.

Father, lead.



Now that you have studied and prayed, [journal to Jesus](#). How did this study time personally speak to you? What did you hear or learn? (You will use this as a starting point to prepare your shareable Recap.)

Summary

This is how we at Able Moms would summarize this study in just one sentence:
“Our motherhood journey can often look differently than we planned, yet the Truth is that God prevails in all trials and tribulations as King.”



Your unshakeABLE takeaway: “Faith is not based upon the miracles we didn’t receive, but based upon fully giving ourselves over to Him regardless of our outcome; even when the miracles we prayed for don’t come about.”

Able Moms Summary: “Our motherhood journey can often look differently than we planned, yet the Truth is that God prevails in all trials and tribulations as King.”



_____ **Coordinator Recap:** Remembering the above and considering the video, what highlights from your personal study do you want to share that will grow moms’ unshakeABLE faith? Rewrite your shareable final draft here:

Father, finish.

 Activity

This is a safe place to share the unbelievable. Ask each table to share with one another a miracle so unexplainable that it could have only been performed by God alone. Share how you responded when a miracle did *not* happen and what you learned from it then or today.



 MM and TL: Closing Table Discussion

"If you have experienced child loss and want your table to pray for you right now, simply share that request."

_____ Prayer + Clean Up

_____ Dismissal





Can you believe our time is done already? Neither can we. I am sure this will be an emotional day for you. Several women will get up and share, maybe even you, all reminiscing about how impactful this year was and what the time together has meant.

Your obedience to God's calling has made this possible. We are so very proud of you. So, sit back today, revel in what God has done, and don't forget to take notes in order to fill out your end-of-year form online. We at Able Moms want your Host to know about the fruit your hard work has produced. You are loved, Coordinator. **See you next year!**



Coordinator Planning: Your Community Schedule Fill in times below

- _____ Welcome + Opening Prayer + Share the Day's Teaser Question
- > "Breaking Bread" Immediately to Follow
- > Table Leader + Mentor Mom led Teaser Discussion



_____ Teaser Question To Discuss During Breakfast:

Tables, what has been the **best** Able Moms memory from this year?

At roughly 25 minutes in...

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_____ Coordinator: thank all leadership participants - sometimes gifts are presented

_____ Coordinator shares what the year has meant to her and opens up the mic for **40 minutes** to allow moms/mentors to share their testimonies of how they have been impacted by Able Moms this year

TIP: *Coordinator, if it is in your budget, it would be great for you to purchase little 'thank you' gifts for your Table Leaders, too. As you close out your year, you can pass gifts out, thank volunteers for their year's service, and honor them.*

With 20 minutes left...

Time to Announce!

_____ Tech: Play 2023/2024 Theme Video 

_____ Allow moms time to sign up for next year's Able Moms

Ask moms to take out their smartphones and click "Join" on the AbleMoms.org site menu. BE SURE YOUR HOST IS ALREADY REGISTERED FOR NEXT YEAR OR YOUR MOMS WILL NOT BE ABLE TO SELECT YOUR CHURCH! Today only, offer your moms the promo code LASTONE to receive 10% off their registration. Encourage them to take advantage and to invite other moms who also can use this promo code.

_____ Prayer + Clean Up


@1.5 hours Dismissal



You will need to prepare in advance for today's activity.



Coordinator Planning: Your Community Schedule **Fill in times below**

- _____ Welcome + Opening Prayer + Share the Day's Teaser Question
> "Breaking Bread" Immediately to Follow
> Table Leader + Mentor Mom led Teaser Discussion
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- _____ Mentor Mom + Table Leader: Table Discussions
- _____ Prayer + Clean Up

@1.5 hours Dismissal

Now, place these times in the blanks below for quick reference on Gathering day.



_____ **Teaser Question To Discuss During Breakfast:**

Tell about a time when you were caught undressed or not ready and someone stopped by!



_____ **General Announcements:** What general announcements do you have to share this week? List them below:

-
-
-
-

_____ Make sure your **Able Kids Lead** is ready to go using her Able Kids Curriculum! If she will be absent, list her announcements below for yourself.

-
-
-
-



_____ Play **Able Moms Video** for the Week



Use your shareable graphics this week and tag #AbleMoms and # your specific Host!

REMEMBER!

We are all in this together.

@ABLE_MOMS



Are you struggling in this season of motherhood?

message us for prayer

@ABLE_MOMS



Prepare for your upcoming Gathering

Set some quiet time aside to study, pray, and prepare using the topic and Scripture(s) below. This was chosen and crafted for you by your Able Moms Curriculum Committee.

Father, speak.



KEY VERSE

All praise to God, the Father of our Lord Jesus Christ. God is our merciful Father and the source of all comfort.

2 Corinthians 1:3

The unshakeABLE takeaway you will want to leave moms with:

“The truth is, in your moments of utter despair and hopelessness, God is with you. He is the God who sees.”



Coordinator, read Genesis 16 NIV (with special attention to verse 13) with a highlighter and a notebook.

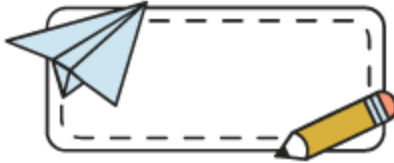
As you are reading, be thinking about these **questions**.



1. Recall a time when you have felt overlooked or unseen.
2. Can you relate to Hagar’s perspective in this story?
3. What was Hagar’s original response to her mistress’ mistreatment?
4. What trial is God calling you to face that you want to run from.
5. Where specifically did God meet Hagar where she *knew* she was seen?
6. The benefit of being seen by God in this story was comfort and courage. What obedient response was Hagar able to fulfill once seen by God?
7. Are you allowing God to see you in the midst of your mess and lack?
8. What situation is God personally asking you to have courage and strength in that you need to first feel you are seen?
9. How can you entrust your loved ones to God, knowing He sees them as well?

Now, reread the passage once more. Prayerfully answer the questions above. Just ponder, seek, and jot.

Father, lead.



Now that you have studied and prayed, **journal to Jesus**. How did this study time personally speak to you? What did you hear or learn? (You will use this as a starting point to prepare your shareable Recap.)

Summary

This is how we at Able Moms would summarize this study in just one sentence:

“Like Hagar who said, ‘I have now seen the God who sees me,’ truth allows us to live beyond both our abilities and our limitations.”



Your unshakeABLE takeaway: “The truth is, in your moments of utter despair and hopelessness, God is with you. He is the God who sees.”

Able Moms Summary: “Like Hagar who said, ‘I have now seen the God who sees me’, truth allows us to live beyond both our abilities and our limitations.”



_____ **Coordinator Recap:** Remembering the above and considering the video, what highlights from your personal study do you want to share that will grow moms’ unshakeABLE faith? Rewrite your shareable final draft here:

Father, finish.

_____ **Activity**

Ask each mom to pick up the small mirror and dry erase marker underneath her chair (that you placed there prior). Play the song *You're the God Who Sees* and ask each mom to write on her mirror the words she often sees about herself. Mid-song, prompt her to write the word 'Truth' over these words. Remind her how blurry the mirror is and prompt her to erase the mirror like God does. Lastly, ask her to write the word 'Truth' as the only word on the mirror – as a reminder of the clear picture God "sees" when He looks at her.

-Don't have a budget for this? Play the song *You're the God Who Sees* and ask each mom to journal or type on their phones while the music plays, answering the questions above.



_____ **MM and TL: Closing Table Discussion**

"Can you recall a moment, in your motherhood journey, where you felt helpless?"

_____ **Prayer + Clean Up**

_____ **Dismissal**

